

The Cushy Tushy:

A modern toteable box cushion



Learn the secrets of professional upholsterers and make your own modern box cushion. This is not your ordinary cushion. It's firm yet lush to provide proper support for hours of free motion quilting. It comes with its own shoulder strap so you can tote it to the next class, meeting, or game. The Cushy Tushy: modern design that adds comfort and style for your sitting pleasure. A kit of foam, upholstery batting and cording is provided. You bring your own quilted tops ready to assemble into a fabulous Cushy Tushy.

Finished size: 16"x16"x3"

Supply List

Required supplies:

Class kit (required)

2 quilted tops* 16.5" x 16.5" (see note)

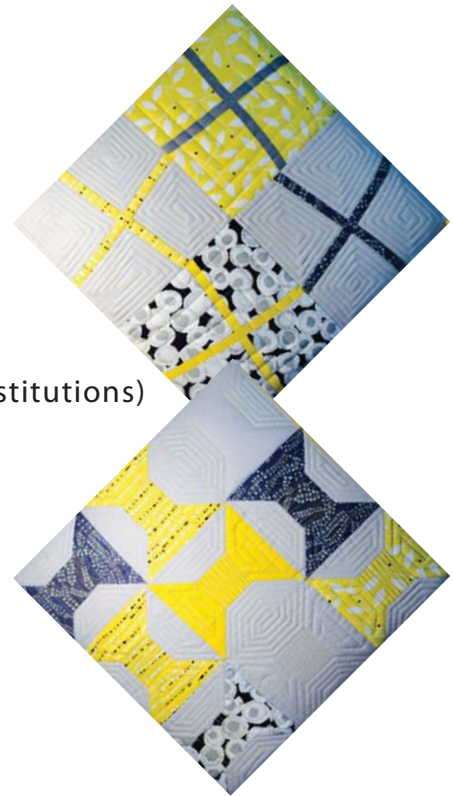
1/4 yd of coordinating fabric for the sides

1 Fat Quarter for piping fabric

Thread colors to match/contrast with your fabrics

14" polyester zipper (Coats & Clark all purpose- no substitutions)

*The Cushy Tushy uses two different blocks. One side is the Spools block and the other block is called It's a Plus. If you would like to make your Cushy Tushy just like the example, the two patterns are included. You must have them pieced & quilted before you come to class. Another option is to make 2 quilted tops from your fabulous stash!



Tools you will be using:

Sewing Machine, cords, foot petal & the following Bernina (or equivalent) presser feet:

zipper foot #4, Bulky overlock foot #12, Open Toe foot #20

Cutting Mat, & rotary cutter

12.5"x 1.5" ruler & 24.5"x 6.5" ruler (Creative Grids or equivalent)

Snips, seam ripper & pins

Marking Chalk (Sewline or Fons & Porter mechanical pencil)

If you have any questions about supplies, fabric or the class feel free to contact me with your questions:

Claudia 310 245 7564

claudia@devotedtcolor.com

Cushy Tushy - It's a Plus block

It's A Plus block Fabrics

Duotone:

A graphic design term that basically means adding one color to a gray scale image

You will need Fat Q's or scraps of the following fabrics:

Solid gray plus two gray prints

Solid color of your choice plus two prints of that color

Try to have lights, darks & midrange values in your 6 fabrics

18" x 18" piece of batting - I like to use wool because of it's cushy loft.

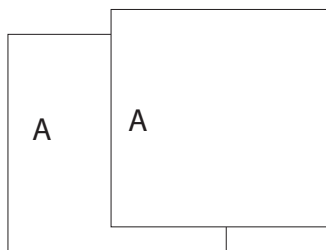
One UGLY fat Quarter for the back of your quilt sandwich...no one will see it!

This will produce a 16.5" square that you will quilt but not bind.

Fabric A - Solid background fabric

cut the following pieces:

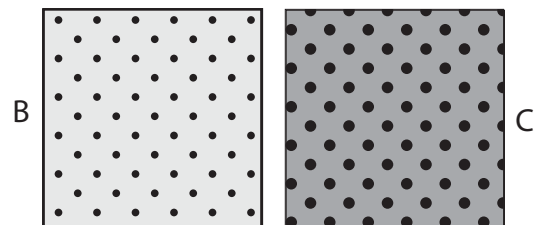
(2) 8 3/4" sq's



Fabric B & Fabric C - prints

cut the following pieces:

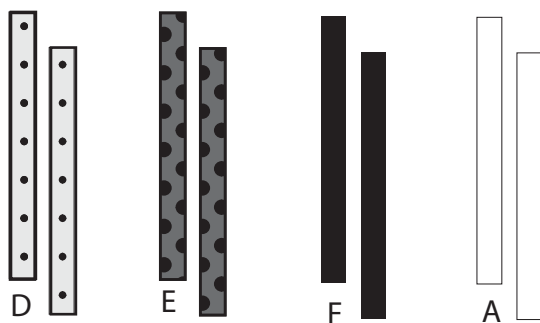
(1) 8 3/4" sq



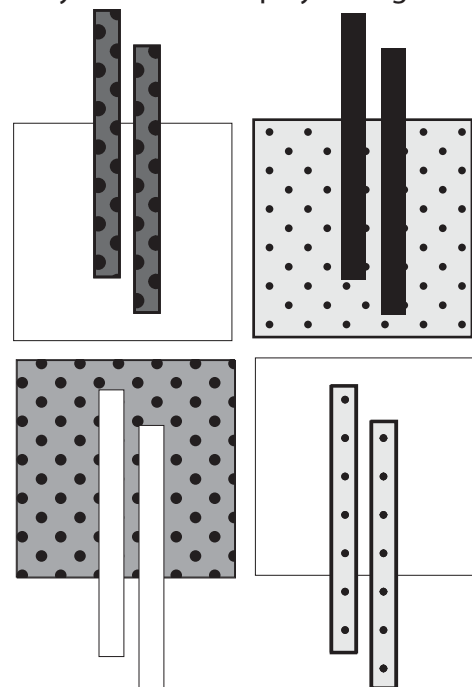
Fabric D, E, F, & A - prints & solids

cut 4 pairs of 10"x1" strips:

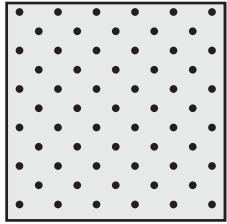
chose values that will contrast with your squares:



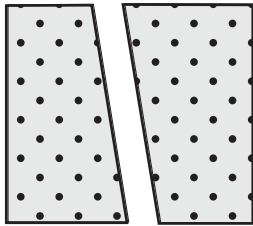
layout your strips and squares to make sure your fabrics display enough contrast



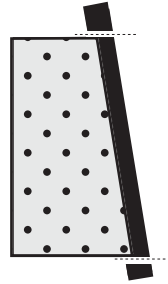
"It's A Plus" block Instructions



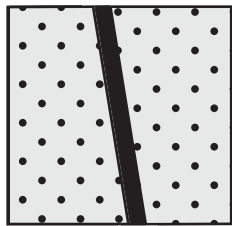
Slice the square at an angle that is pleasing to you, approximately in half.



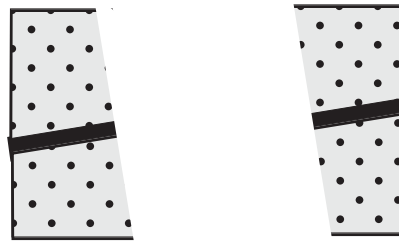
Stitch one inch strip to first half & trim



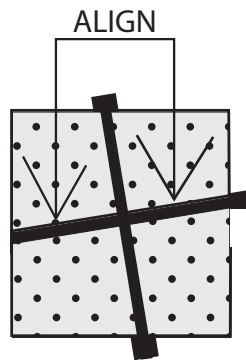
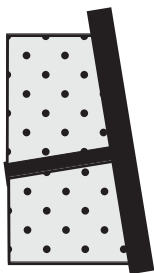
Stitch 2nd half to one inch strip



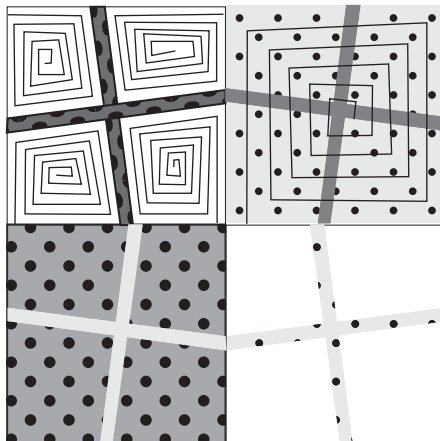
Rotate square and slice in half again



Stitch one inch strip to first half



Stitch 2nd half to one inch strip after pinning & peeking to see if diagonal aligns



Trim each block to a $8 \frac{3}{4}$ " square.
 Stitch 4 blocks together to create a $16.5" \times 16.5"$ square
 Notice in this example that I alternated the angle that I cut. It makes the end result a more dynamic composition.
 Assemble your quilt sandwich and quilt using contrasting thread.

Cushy Tushy - Spools block

Spools block Fabrics

Duotone:

A graphic design term that basically means adding one color to a gray scale image

You will need Fat Q's or scraps of the following fabrics:

Solid gray plus two gray prints

Solid color of your choice plus two prints of that color

Try to have lights, darks & midrange values in your 6 fabrics

18" x 18" piece of batting - I like to use wool because of it's cushy loft.

One UGLY fat Quarter for the back of your quilt sandwich...no one will see it!

This will produce a 16.5" square that you will quilt but not bind.

background fabric (Fabric A)

cut the following pieces:

(2) 6" x 6" sq's

(14) 6" x 2 1/4" rectangles

Fabric B & Fabric C

cut the following pieces:

(8) 2 1/4" x 2 1/4" sq's

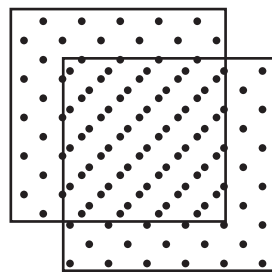
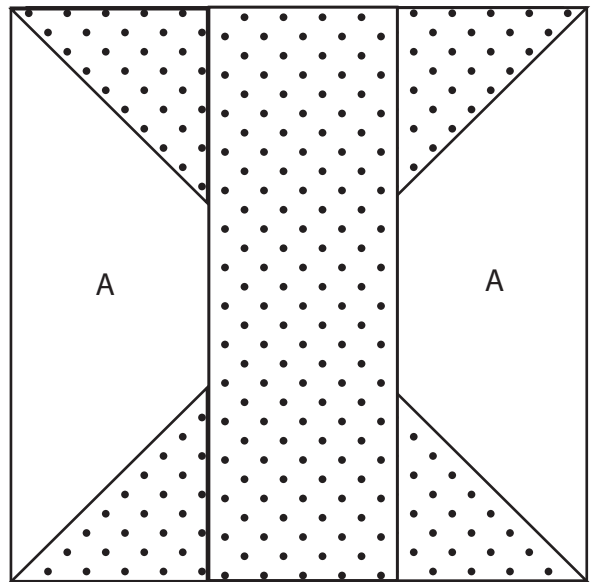
(2) 6" x 2 1/2" rectangles

Fabric D, E, & F

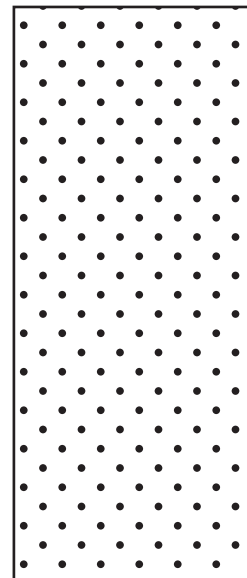
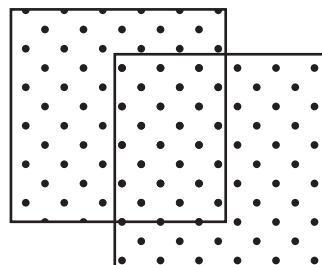
cut the following pieces:

(4) 2 1/4" x 2 1/4" sq's

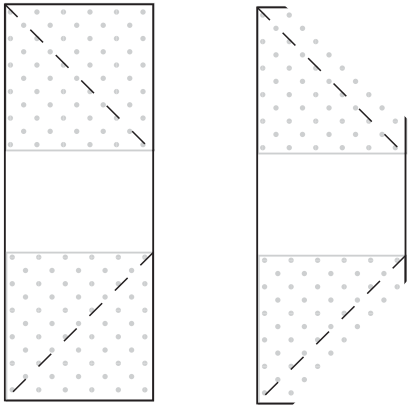
(1) 6" x 2 1/2" rectangle



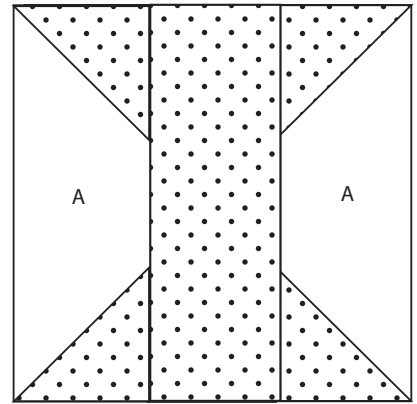
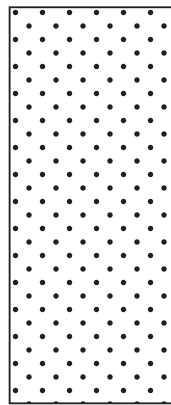
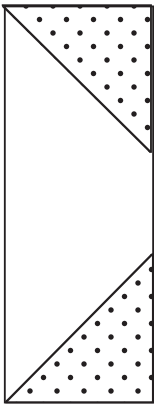
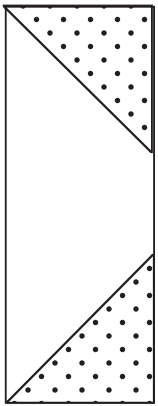
B, C, D, E, & F



Spools block Instructions



Place small squares on top of background fabric & stitch diagonally from corner to corner (right sides together) trim off corners to make seam allowance 1/4"



open and press away from background fabric

join to larger rectangle to form spool

Arrange & join the 7 spools and 2 background squares to form a 9-patch. Assemble your quilt sandwich. Quilt using contrasting thread.

